



# FORRIE FILES



## WEEK 8

**Assembly Rm 3**  
Friday 20<sup>th</sup> June

## WEEK 9

**DRSC Trials Yr6**

## WEEK 10

**NAIDOC Week**

**Assembly**  
**Students Last Day**  
Friday 4<sup>th</sup> July

## WEEK 1

**Students Commence**  
Tuesday 22<sup>nd</sup> July

### Cross Country

What a huge two weeks it's been in the sports department.

We've had back to back action with our school cross country event followed just a week later by the interschool cross country carnival. The lead-up was filled with training, preparation and plenty of excitement, and every student rose to the occasion. It was fantastic to see so many students giving their best, showing perseverance, teamwork, and school spirit throughout both events.

At the school carnival, all students ran their hardest and gave it everything they had. From start to finish, the energy and encouragement on display made for an unforgettable day. The top two fastest runners from each year group earned the honour of representing our school at the interschool event – a big achievement in itself! At the interschool carnival, our selected runners showed incredible effort and sportsmanship, proudly wearing our school colours and giving their all on the track. We could not be more proud of the way they represented our school – both in their performance and in their attitude. A special congratulations to Millie, who was awarded Champion Girl for Year 4 – an outstanding effort and a well-deserved win! Congratulations once again to all students involved – your hard work, determination, and team spirit made these two weeks something truly special! A special shoutout to Mr Love, and Ms Young for making these days possible.

### LEGO Club

Our new 'Lego club', run by our chaplain 'Mr. Ben', happens every Monday and Wednesday during our first break. It's a wonderful opportunity for students from grade 1-6 to have a safe and fun space to build amazing Lego creations, play games together and create different types of artwork, from Minecraft cubeez to pipe cleaner spiders! So far this year it has been exciting to see new friendships grow, social skills improve and plenty of big smiles on students' faces!



### WA Student Assistance Payment 2025 - Closing

Just a reminder the WA Student Assistance Payment closes on the **4<sup>th</sup> of July**. \$150 for each kindergarten and primary student. To make your claim login to ServiceWA.

### **Drum Club**

We have an exciting new program that has commenced at our school 'Rhythm2Recovery'.

The Rhythm2Recovery format is an integrative model of practice combining experiential therapy techniques with cognitive behavioural therapy (CBT) influenced by the third wave approaches of Acceptance and Commitment Therapy (ACT) and Positive Psychology (PP). These newer cognitive approaches are strength based, and focus less on exploring problems and more on finding solutions. Although the R2R model owes much to the influence of these new cognitive approaches, it differs critically in balancing the cognitive with experiential, thus reducing the reliance on language, while simultaneously creating a safe and often uplifting therapeutic experience. Developmental & neuro-imaging studies show that for many people who enter therapy, highly active primal brain areas (limbic system, brain stem) are driving behaviour while the thinking, rational part of our brains (frontal lobes) are less active. (Van Der Kolk, 2014). We thank Mr Ben for all his efforts in bring this to our school.

### **RAC Incursion**

Last week, our Pre-Primary to Year 3 students were lucky enough to attend the RAC incursion on road safety. It was a great program that taught the children the importance of staying safe on and around roads. Through fun, engaging activities and practical demonstrations, students learned valuable lessons about crossing the road safely, wearing seatbelts, and being aware of their surroundings. A big thank you to RAC for delivering such an informative and enjoyable session!

### **Term 3 – School return**

A friendly reminder Term 3 for students will commence on **Tuesday 22<sup>nd</sup> of July**.